

Transforming Behavioral Health Care for California's Youth

16 March 2023



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Agenda

1 Key highlights

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2 Kooth overview

3 Kooth & California: why, what, when

Momentum to invest in US youth mental health 5 Q&A

Summary

- 1. Significant contract award with the California Department of Health Care Services (DHCS).
- 2. Forms part of \$4.7bn investment by California in youth mental health, one of 15 workstreams.
- 3. Providing free behavioral health care to all 13-25 year olds in California (~ 6 million), launching January 2024.
- 4. DHCS vetted 450 mental health vendors and content providers in awarding to Kooth.
- 5. Kooth will further develop its platform in 2023 in readiness for launch.
- 6. Contract win subject to definitive legal documentation, expected in Q2 2023.
- 7. Highly material impact on revenues and ARR from 2024 onwards.
- 8. Follows award of pilot contract in Pennsylvania in September 2022.



Kooth was founded in 2001 to transform youth behavioral health care



Therapeutic & social outcomes

Innovate in outcomes that youth want to achieve

Early intervention & responsive support

Self-determination

Person-centric

Strengths-focused

~8 million youth (10-25) have access

1-in-33 average usage, upto 1-in-7

>1m hours professional support

400+ employees



There is a growing mental health crisis. To address it, you need to focus on youth, 75% of lifelong issues begin by age 24.

US Nationwide Statistics

57% of teen girls feel "persistently sad or hopeless".

22% of high school students seriously considered suicide in the past year.

10% attempted suicide one or more times.

40% parents are very or extremely worried about the mental health of their children.

California is investing \$4.7 billion over the next 5 years to transform youth mental health care



August 18 2022 - Governor Newsom unveils *Master Plan for Kids' Mental Health* to reimagine mental health and substance use services for 0-25 year olds



Kooth is the primary digital vendor partner for 13-25 year olds, one of 15 workstreams within the CYBHI

		Children and Youth Beh	avioral Health	Initiative (CYBH) Leadership		
		DHCS	HCAI	DHCS / DMHC	CDPH	OSG	MHSOA
kooth 13-25 years	BH Services Virtual Services Platform	Student Behavioral Health Incentive Program (SBHIP)	BH Coach	Statewide All-Payer Fee	Public Education	ACEs	Mental Health
	CBO Network	School-Linked Partnership and Capacity Grants	Workforce	Schedule for School- Linked BH Services Statewide BH School- Linked Provider Network	and Change Campaign	Awareness Campaign Trauma- Informed Training for Educators	Student Services Act (MHSSA Partnersh Grant Program
	Pediatric, Primary Care and Other Health Care Providers	CalHOPE Student Services	Broad BH Workforce Capacity				
	E-Consult	BH Continuum Infrastructure Program (Initiative Only)					
	Enhanced Medi-Cal Benefits – Dyadic Services	Evidence-Based and Community-Defined Practices					



Scope of the contract award

- 1. Population-wide service: Accessible to all 13-25 year olds in California (~6 million), no cost to users.
- 2. Integration partnerships with other services e.g. crisis, community care organizations, 0-12 years.
- 3. Product development to enhance current platform.
- 4. Behavioral health workforce staffing and service delivery.
- 5. Promotion and marketing to drive awareness and uptake.



DHCS has a vision for youth mental health that aligns closely with Kooth's 20-year track record and expertise

AS OF 07/05/2022

Potential BHVS Capabilities

Example Capability	Working description
1 Education resources, tools, & games	Enable children and youth (C&Y) and caregivers to access and search/filter for multi-media content (e.g., videos, games)
2 Peer and community support	Enable C&Y and caregivers to text, chat, and/or video chat with available and relevant peer counselors (e.g., LGBTQ+)
3 BH screenings	Enable C&Y to anonymously self-assess BH via validated resources, be directed to content, save and share results
4 Virtual access to a licensed professional	Enable C&Y and caregivers to text, chat, and/or video chat with BH providers
5 Referrals / warm hand-offs	Enable C&Y to connect and meet in-person with counselors who meet specific needs (e.g., language)
6 BH management	Enable C&Y and caregivers to track (e.g., mood), share (e.g., providers), and connect with system supports (e.g., AA)
7 eConsult	Enable providers and healthcare professionals ability to access , share, and search for content , and video chat with BH experts

The California Department of Health Care Services (DHCS) vetted **over 450 vendors** with digital behavioral health platforms and content.



DHCS Behavioral Health Virtual Services (BHVS) Platform Request for Information. 5 July 2022.



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Working in collaboration with California's youth and the Department of Health Care Services, Kooth will further develop its platform for launch in January 2024.

Key areas of development

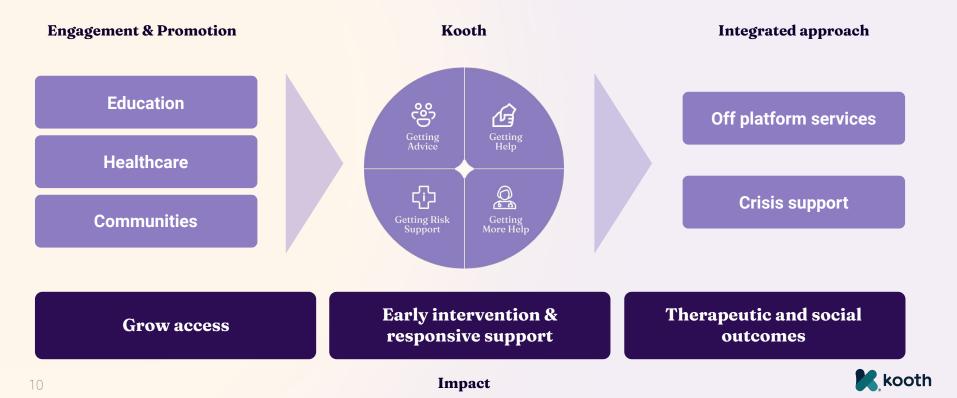
Experience: Deliver an engaging mobile app with content, activities, peer-support. Engage with behavioral health coaches through chat, video, phone.

Ecosystem: Integration and seamless handoff to crisis care & off-platform services.

Equity: Culturally relevant content, multiple languages.



An integrated, digital support system for California's youth



At both a state and federal level, momentum is building to take urgent action to improve youth mental health

	Dec 21	US Surgeon General Advisory on Youth Mental Health Crisis
	Mar 22	State of the Union: National strategy to address mental health crisis
	Jun 22	Bipartisan Communities Act to invest \$1bn over five years
	Jul 22	\$300m FY22 increase in school-based mental health access
	Aug 22	\$4.7bn California "Master plan for Kids' mental health"
	Oct 22	Pennsylvania selects Kooth for \$3 million pilot to expand youth access to digital mental health care
	Jan 23	New York governor announces \$1bn investment to improve access to youth and adult mental health care
r	Mar 23	North Carolina Governor announces \$1bn investment to improve access to youth and adult mental health care



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